Recipe

24-Hour Cabbage Salad

By

Madhavi d.d.



Ingredients

1 medium head cabbage, shredded ½ medium head cabbage, shredded

1 small red pepper

1 cup shredded carrots

1 cup shredded celery

1 cup olives

½ cup sugar

Dressing:

1 cup lemon juice 1 tbsp mustard seeds, roasted 1 tsp Dijon mustard ½ cup olive oil or any oil 1 ¼ tsp salt ½ tsp black pepper Dash of hing

Preparation

To prepare salad, place cabbage, pepper, carrot, celery, olives, and sugar in a large-size bowl.

To prepare dressing, combine lemon juice, mustard, oil, salt, pepper, and mustard seed in a small saucepan. Bring to a boil over medium heat. Boil 3 minutes. Pour over cabbage mixture, and stir well. Cover and refrigerate 24 hours. Stir again before serving.

Serves

16

For further details please contact

madhavidevidasi@gmail.com

www.iskcondesiretree.com

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