Lettuce Tomato Salad

by Anand Lila devi dasi

"Krishna is very kind. Therefore, He has given us his remnants of food stuff"

Ingredients

Iceberg lettuce, cut into thin strips.....1
Tomato, cut into 2 cm cubes..... 1

Dressing:

Milk..... ½ C
Olive oil..... 1/3 C
Sour cream..... 2 Tbsp
Mustard powder..... 1 Tsp
Yellow asafetida powder ..... 1 Tsp
Honey..... 1 Tbsp
Fresh lemon juice..... 1 Tsp
Salt..... ¾ Tsp

Preparation :

1) Combine the lettuce and tomato in a mixing bowl. Keep it in the refrigerator while you prepare the dressing.

2) For the dressing; blend the milk in a blender adding olive oil until it thickens lightly, add all the other ingredients and blend again until it thickens more.

3) Toss the lettuce and tomato with the dressing. Serve immediately.

Serves: Five-Six

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