Recipe Mixed Beans Salad

By

Bhaktivedanta Hospital – Diet department



Ingredients

Mixed beans/sprouts: 3 cups Finely chopped green chilies: 1 tsp Lemon juice: ½ tbsp Pepper powder: ½ tsp Salt: to taste Finely chopped tomato: 1 cup Finely chopped coriander: ½ cup Chaat masala: 1 tbsp Black salt: ½ tsp

Preparation

Boil each of the beans/sprouts, drain and keep aside. Mix all the ingredients along with the beans/sprouts in a large salad bowl and toss, taking care that the lemon juice has spread evenly. Serve garnished with chopped coriander leaves.

Serves

8 persons

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