Recipe

Spinach and Strawberry Salad

By

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Ingredients

- 10 ounces fresh baby spinach
- 10 strawberries, sliced
- ½ cup dried cranberries
- 1/3 cup roasted walnut
- ¼ cup feta cheese, optional
- 6 orange slices, optional

Dressing:

- 1/3 cup oil
- 2 tbsp cup balsamic vinegar or lemon juice
- 2 tbsp sugar
- 2/3 tsp salt
- ¼ tsp ground black pepper
- 1/4 tsp dry hot mustard
- 1 pinch ground cayenne pepper

Preparation

In a large bowl, combine the spinach, cranberries, feta cheese, orange slices, walnuts, and strawberries.

In a large glass jar with tight fitting lid, combine the oil, vinegar/lemon juice, sugar, salt, black pepper, dry mustard and cayenne pepper. Shake well until sugar is dissolved.

Pour dressing to the salad just before serving and toss to coat.

Serves

6-8 servings

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